



BMC Equity Symposium 2014: Breaking down the barriers

28 – 30 March, at YHA Haworth, West Yorkshire

**Timetable**

<b>Friday 28 March</b>	
19:00 – 22:00	Registration (if arriving later than 10pm please register in the morning)
19:00 – 23:00	Buffet dinner
<b>Saturday 29 March</b>	
08:00 – 09:30	Breakfast
08:30 – 10:00	Registration and refreshments for new arrivals
10:00 – 10:30	Welcome speech
10:30 – 11:30	<b>Workshop Option 1:</b>
	A: Leading an ethnic minority Scout group
	B: Ethnic minorities and the British countryside – a history
	C: Anglo-Indian perspectives on the outdoors
	D: The mental and physical health benefits of outdoor adventure
11:30 – 12:00	Refreshments
12:00 – 13:00	<b>Workshop Option 2:</b>
	A: Getting into adventurous activities as a family
	B: Money Matters – how to source funding and keep costs down
	C: Women-specific issues in the outdoors
	D: Planning for an emergency – what to do when things go wrong
13:00 – 14:00	Lunch
14:00 – 17:00	<b>Practical Option 1:</b>
	A: Leading others/Navigational skills
	B: First aid
	C: Rock climbing
	D: Female-only option: general skills/leading groups
17:00 – 18:00	Refreshments
18:00 – 19:00	Keynote speaker: Rehan Siddiqui
19:00 – 20:30	Dinner
20:30	Evening speaker: Sundeep Dhillon
<b>Sunday 30 March</b>	
08:00 – 09:00	Breakfast
09:00 – 10:00	<b>Workshop Option 3:</b>
	A: Islam and nature
	B: Connecting the inner city and the outdoors
	C: How to organise large groups
	D: How to start a club and use social media to promote it
10:00 – 10:30	Refreshments
10:30 – 11:30	Plenary session: Spirituality and the outdoors (led by Jeremy-Henzell Thomas)
11:30 – 12:30	<b>Workshop Option 4:</b>
	A: Where can I go? What can I do? Will I be welcome? Your freedoms and responsibilities in the outdoors
	B: Three months in a tent in Nepal: Walking the Great Himalaya Trail
	C: How to make a living from the outdoors
	D: Mindfulness and the outdoors
12:30 – 13:30	Lunch
13:30 – 16:00	<b>Practical Option 2:</b>
	A: Leading others/Navigational skills
	B: First aid
	C: Rock climbing
	D: Female-only option: general skills/leading groups
16:00 – 16:15	Feedback & discussion
16:15 – 16:30	Refreshments & depart





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<b>Workshop Option 1</b>	
<b>A: Leading an ethnic minority Scout group</b> Session leader TBC	<b>B: Ethnic minorities and the British countryside – a history</b> Mohammed Dhalech (Mosaic National Network)
<b>C: Anglo-Indian perspectives on the outdoors</b> Chamu Kuppuswamy (University of Sheffield)	<b>D: The mental and physical health benefits of outdoor adventure</b> Zeyn Green-Thompson (University of Cambridge) & Omar Hafeez-Bore (Emergency Medicine Doctor)
<b>Workshop Option 2</b>	
<b>A: Getting into adventurous activities as a family</b> Tony Smith (QPR women’s team coach) & Molly Thompson-Smith (GB Junior Climbing team captain)	<b>B: Money Matters – how to source funding and keep costs down</b> Mohammed Dhalech (Mosaic National Network)
<b>C: Women-specific issues in the outdoors</b> Yossra Khalifa (Scout leader) & Susan Shyllon (adventurer)	<b>D: Planning for an emergency – what to do when things go wrong</b> Mountain Training TBC
<b>Workshop Option 3</b>	
<b>A: Islam and nature</b> Yassar Mustafa (Heart of England NHS trust)	<b>B: Connecting the inner city and the outdoors</b> Fiona Castle & Sylvia Vincent (Imalya charity)
<b>C: How to organise large groups</b> Simon Ogunlana (Mountainerin)	<b>D: How to start a club and use social media to promote it</b> Mohammed Dhalech (Mosaic National Network)
<b>Workshop Option 4</b>	
<b>A: Where can I go, What can I do, Will I be welcome? Freedoms &amp; responsibilities in the outdoors</b> Mahroof Malik (ROW officer, Birmingham City Council)	<b>B: Three months in a tent in Nepal: Walking the Great Himalaya Trail</b> Susan Shyllon (adventurer)
<b>C: How to make a living from the outdoors</b> Simon Ogunlana (Mountainerin)	<b>D: Mindfulness and the outdoors</b> Mike Pupius (Peak District National Park)

